

Using Medicaid to Fund Recovery

Lessons from the

Recovery Innovations Model in Arizona

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My trip to RI in Phoenix

- Purpose of visit: 3 day immersion
 - Full believer in Recovery & Peer Support
- Bit leery at first
- Attitude Change: How in the world?
- Continuum: services, supports, education -- JOBS
- Graduation: Recruiters

Back in the Classroom

- Under Arizona's Medicaid program, Peer Support is a Medicaid reimbursable service.
- \$6M in peer services are provided annually to over 3,000 individuals in RI's Maricopa County programs
- All programs are billed fee for service
- Reimbursement rate recently doubled!
 - \$42/hr (office based) \$70/hr (home based)

Peers Working on Every Team

- Today 247 peers are employed at RI, AZ
- 90 are full time and 157 are part-time
- Total annual compensation exceeds \$4M
- Peer Roles:
 - Recovery Educators
 - Recovery Coach: Case Management
 - Recovery Coach: Supportive Housing
 - Peer Advocacy Specialist
 - Crisis Peer Specialists

Back to the Continuum

- **Crisis**
 - The Living Room
 - Restart (work with Recovery Coach in an apartment)
- **Housing**
 - Recovery housing program
 - Housing-first model
 - Combined peer support with recovery education
 - Assigned a Recovery Coach
 - Housing subsidy while enrolled
- **Recover Education Center**
 - Classes
 - Peer Employment Training
 - College Credit Courses
- **JOBS**

CB ~ Results

October 2002 – October 2004 N = 113

Outcome	%	Ave LOS
Back to residential or group home	8.0	
Hospital	0.9	
Homeless	2.7	
Jail	5.3	
Other	6.2	
Housing self-sufficient	77.0	12 months
Ave participant cost per day = \$42 (compared to \$163 for 24 hour residential)		

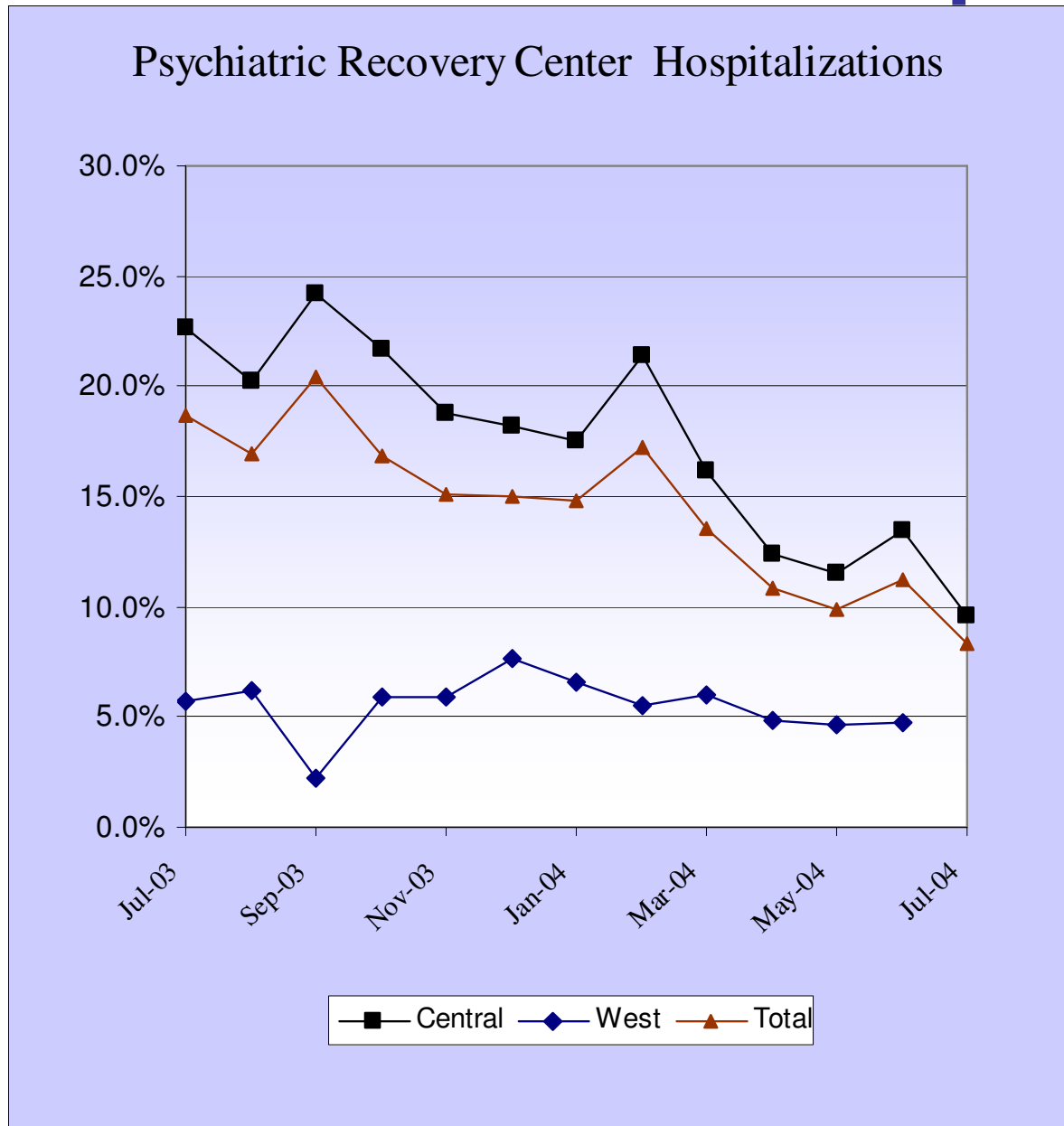
- **Back in the Classroom:
Questions???**

- Peers Support in California - Restrictive/
destroy relationship??
- IS OUR MEDI-CAL DIFFERENT THAN
THEIR MEDICAID??
- Was this a licensing issue?

Crisis Center

- Dr. Mark Salerno: Intake coordinator
- Recovery in spite of Paperwork
- Initial Assessment:
 - What do you want?
 - Describe yourself at your best.
 - What do you hope the outcome will be?
 - What will **you** do to further your recovery, and how can we help you with this?
 - The involuntary guest: acknowledge anger, offer choices - smoke, something to eat or drink.
- Mary: Peer Support Specialist - works in “Living Room”
- **Phone call to Laurel: How do they do this?**

56% reduction in re-hospitalization



One hospitalization costs \$9,900 (\$550 per hospital day with an average length of stay of 18 days).

During the period shown there were an average of 900 PRC admissions per month.

A reduction in hospitalization rate from 20% to 10% = 1,080 annual hospital admissions = \$10,692,000 per year.

What I have learned:

- Since 2001, when Georgia and Arizona included Peer Supports in their Medicaid programs, approx 20 states have included Peer Supports in theirs.
- Letter to State Medicaid Directors from CMS - provide guidance - states have an option (August 2007)
- Methodology varies from state to state.
(46-page document from Gene Johnson, President/CEO Recovery Innovations upon request)
-with permission

Peer-Support-Training

- Washington: University of Washington
- Maine - their own
- Several states use Georgia's training or adapted
- Three states use Recovery Innovations Peer Employment training
 - Over 3,000 people have graduated from RI training programs in 16 states and 3 countries.
 - RI training has been evaluated by Boston University Center of Psychiatric Rehabilitation